

MATHEW GONZALEZ

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Highly motivated and compassionate Registered Nurse with 8+ years of progressive clinical experience, including cardiothoracic telemetry, Level II trauma emergency care, and outpatient gastroenterology. **DAISY Award recipient** recognized for clinical excellence and patient-centered care. Skilled in moderate sedation, dysrhythmia monitoring, post-anesthesia care (PACU), and specialized GI diagnostic procedures including esophageal manometry and 24-hour pH studies. **BSN candidate** (expected December 2026).

Core Skills: Telemetry Monitoring · Moderate Sedation · PACU · Endoscopy · Perioperative Nursing · Esophageal Manometry · GI Motility · Emergency Care · EMR Documentation · Patient Education · Infection Control · Aseptic Technique

WORK EXPERIENCE

Valley Digestive Health Center

Arcadia, CA | 04/2024 – Present

Registered Nurse (RN)

Pre/Intra/Post-Procedure (Endoscopy / PACU)

High-volume outpatient gastroenterology center providing endoscopy and colonoscopy services.

- Provide perioperative nursing care for patients undergoing endoscopic procedures, including pre-procedure assessment, intra-procedural support, and post-anesthesia (PACU) recovery.
- Administer moderate sedation medications, such as fentanyl and midazolam, under physician direction while closely monitoring patient response.
- Conduct comprehensive pre-procedure assessments and ensure safe patient recovery during post-anesthesia care.
- Collaborate with gastroenterologists, anesthesia providers, and endoscopy technicians to deliver safe, efficient procedural care.
- Educate patients and families on pre- and post-procedure instructions to promote safety and understanding.

Unio Healthcare Partners

Arcadia, CA | 04/2024 – Present

GI Motility Registered Nurse (RN)

Esophageal Manometry

- Deliver specialized care in a gastroenterology outpatient setting, with a focus on diagnostic testing and patient education.
- Perform esophageal manometry and 24-hour pH studies, ensuring accurate data collection and patient comfort throughout procedures.
- Collaborate with physicians and interdisciplinary team members to communicate findings, support provider interpretation, and coordinate follow-up care.
- Educate patients on procedure preparation, expectations, and post-procedure care to promote understanding and reduce anxiety.

- Maintain strict adherence to infection control protocols and accurate documentation in the electronic medical record.

Huntington Hospital

Pasadena, CA | 03/2020 – 04/2024

Cardiothoracic Telemetry Registered Nurse

★ *DAISY Award Recipient – November 2022*

Huntington Hospital is a 619-bed, non-profit Magnet-designated teaching hospital in Pasadena, CA.

- Manage care of high-acuity patients with cardiovascular and thoracic conditions, performing comprehensive assessments focused on perfusion, cardiac output, respiratory status, and dysrhythmia monitoring.
- Develop and implement individualized care plans using critical thinking and the nursing process, coordinating care from admission through discharge.
- Utilize telemetry and cardiac monitoring systems to detect changes in patient condition and intervene promptly based on lab values and acid-base balance.
- Provide post-operative care for cardiothoracic surgery patients, including wound care, pain management, and respiratory support.
- Educate patients and families on disease processes, recovery expectations, medications, and safe discharge planning.
- Collaborate with physicians, respiratory therapists, and interdisciplinary teams to optimize outcomes.
- Maintain accurate documentation in the EMR and adhere to infection control and patient safety standards.

Huntington Hospital

Pasadena, CA | 11/2013 – 01/2020

Emergency Room Patient Care Associate (PCA)/ER Tech

- Provided direct patient care in a **60-bed, high-volume Level II Trauma Emergency Department**, supporting rapid stabilization and flow of acute and emergent patients.
- Performed STAT 12-lead EKGs, blood glucose checks, and specimen collections to expedite diagnostic evaluation for chest pain, stroke alerts, and other emergent conditions.
- Maintained patient safety for high-risk psychiatric, trauma, and medically unstable patients through continuous observation, situational awareness, and de-escalation techniques.
- Assisted nursing and medical staff with procedures, patient positioning, transport, and monitoring during high-acuity events and trauma activations.
- Collaborated with the interdisciplinary team to transport patients efficiently to CT/MRI, inpatient units, and procedural areas, supporting emergency department throughput.
- Obtained and documented vital signs and patient information accurately to support timely clinical decision-making.
- Maintained a clean, organized, and safe care environment in accordance with infection control and patient safety standards.

Emergency-1 Response

Los Angeles, CA | 06/2012 – 2018

Emergency Medical Technician

- Provided pre-hospital emergency medical care, patient assessment, and stabilization in field and transport settings.
- Responded to medical and traumatic emergencies, performing vital signs, patient monitoring, and basic life support interventions.
- Communicated patient status clearly to receiving facilities to support continuity of care.

EDUCATION

Western Governors University

Salt Lake City, UT | 08/2025 – Expected 12/2026

Bachelor of Science in Nursing (BSN)

Pasadena City College

Pasadena, CA | 2020

Associate Degree in Nursing (ADN)

CERTIFICATIONS

- Registered Nurse (RN) – California Board of Registered Nursing – *Active License*
- Advanced Cardiac Life Support (ACLS) – American Heart Association – *Current*
- Basic Life Support (BLS) - American Heart Association – *Current*
- Los Angeles Fire Card – *Current*
- Pediatric Advanced Life Support (PALS) – *Willing to obtain upon hire*